

## Course Handbook

### **Welcome to the INFS Clinical Nutrition III - Renal, Hepatic and Ageing Disorders Course**

**Course Overview:** The course will equip you with the knowledge and application skills of clinical nutrition and its interventions in conditions such as disorders and epochs associated with ageing, bone and joint health, vital organs longevity, hormonal balance, eating disorders, and dietary deficiencies.. It is a 6 credits course and the scholars have a total of 150 days from the date of enrollment to complete the course and pass the examination.

**Course Inclusions:** The course includes the following:

- Live lectures followed by QnA
- Lifetime access to recorded lectures Workbooks
- Quizzes
- Additional links and learning aids
- Certificate of Completion

### **Course Outline:**

<b>MODUL E CODE</b>	<b>MODULE NAME</b>	<b>UNITS</b>	<b>CREDITS</b>
N112	<b>Gall bladder, Liver &amp; Renal Disorders</b>		<b>2</b>
		Gall stones & cholecystectomy	
		Fatty liver - alcoholic and non alcoholic	
		Gout	
N113	<b>Agging</b>		<b>2</b>
		Perimenopause & Menopause	
		Osteoarthritis and osteopenia, sarcopenia	
		Osteoporosis, HRT, Cardiovascular	

		health in post menopausal women	
		Digestion in elderly, frailty, sleep	
		Handout: supplements for the elderly	
N114	<b>Nutritional deficiencies and eating disorders</b>		<b>2</b>
		Vitamin B12 deficiency	
		Vitamin D3 deficiency	
		Anaemia	
		Binge eating	
		<b>TOTAL</b>	<b>6</b>

### **Examination Scheme**

There will be an MCQ examination carrying a weightage of 75 marks with 75 questions. The examination duration is 60 minutes. Passing is 40% for each module individually as well as an overall 40%. If a scholar fails to clear the assessment, he/she can reappear for the examination by paying the retest fees and selecting an examination date from the dashboard in the next month or thereafter. If a scholar fails to complete and pass the course within a span of 150 days from the date of enrolment, he/she will be required to re-enroll in the course by paying the course fees again.

<b>Description</b>	<b>Marks</b>
N112 - Gall bladder, Liver & Renal Disorders	25
N113 - Aging	25
N114 - Nutritional deficiencies and eating disorders	25
<b>Total</b>	<b>75 marks</b>

**Note:** All scholars enrolled in the clinical nutrition courses ( I/II/III or bundle ) have a time span of

150 days for the completion of each of these courses. So if a scholar is enrolled in any one clinical course, they need to complete the course within 150 days, if a scholar is enrolled in two courses they have a total of 300 days for completing both courses and if a scholar is enrolled in all three clinical nutrition courses they have a total of 450 days to complete all three courses.

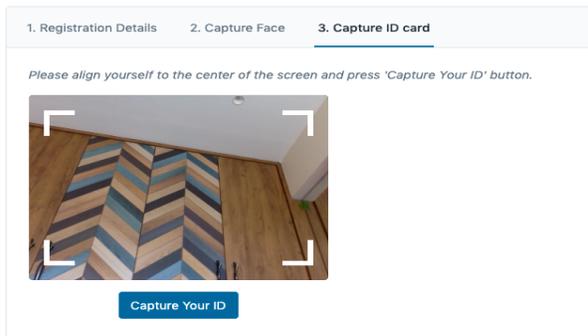
It is not mandatory for scholars to stick to a particular sequence for the completion of courses and they may complete either of the three courses first. However, it is recommended to complete the clinical nutrition advanced course (clinical nutrition I ) from a knowledge and understanding perspective to get a thorough insight into the most commonly encountered clinical conditions first.

If a scholar fails to complete the course within the given deadline, they will have to pay a re-enrollment fee, details of which will be shared shortly

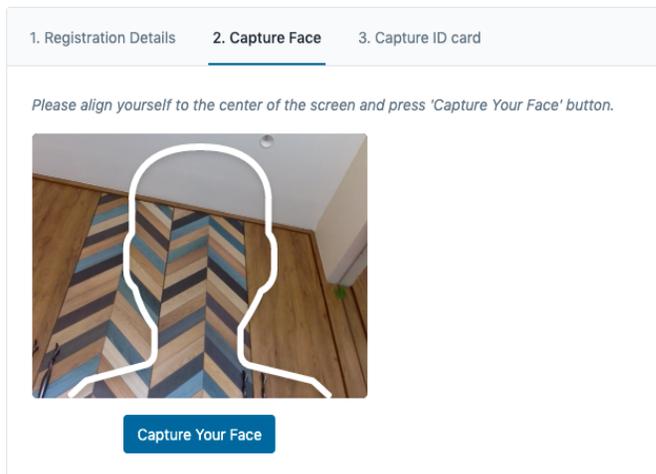
### **Rules for Proctoring**

**Here are some DO's before the exam starts:**

- \* It is essential to **have a webcam** when a candidate is taking an exam. The webcam should be adjusted in a way to ensure that the candidate's face is visible clearly.
- \* It's also recommended that candidates are **seated with a plain background**.
- \* Ensure **proper lighting** in the room.
- \* The **room must be as quiet** as possible.
- \* Ensure that during the **exam you should remain alone in the room**. You can choose the exam window as per the family and office work.
- \* **Candidates must keep their government ID proofs such as AADHAAR/PAN /driving license or passport ready with them before the exam begins. Government Photo IDs are a must in the IDENTITY CARD SNAPSHOT and when asked for, the candidate should hold the ID proof in front of the webcam and take the snapshot in a manner that the photo ID is clearly visible.**



**\* In the PROFILE PICTURE SNAPSHOT the candidate's face needs to be clearly visible and the candidate should take a clear snapshot of himself or herself here.**



\*

**\*No looking away from the screen. Looking away from the screen, looking down will be considered a breach of the proctoring look. Candidates should focus on looking straight at the screen while attempting the exam.**

\*Please use personal computers or laptops. You also need to have good internet connectivity.

### **Here's what candidates must avoid:**

- \* **No navigation from the exam window** as the exam screen window will be proctored for the entire exam. If any suspicious activity is observed during the exam, the exam will stand cancelled.
- \* The candidates **are not allowed to talk to anyone** during the exam. They should be alone while giving the exam
- \* Also, the candidates **are not allowed to use any digital device** including mobile phones or Bluetooth speakers during the exam. If the same is observed, then it will be considered malpractice. Only use a laptop/desktop for taking the exam \* **Do not use any pen and paper**, you need no calculations
- \* **Do not use multiple devices** at the same time because if the system detects this the exam will be terminated for that candidate.
- \* A test screen appears before the exam begins. It is essential that the candidates don't leave the test screen during the exam.

The candidate will have to reappear for the exam in case of any violation of the rules mentioned above.

### **APPEALS AGAINST DECISIONS ON CERTIFICATION**

An appeal can be raised by the scholars for re-evaluation of their marks within 15 days from the date of declaration of results. The appeals will be resolved by the INFS appeals committee within 7 working days from the date of raising the appeal. By raising an appeal, the scholar acknowledges that the decision of the appeals committee will be considered final. A scholar cannot raise an appeal for the examinations that he/she has already raised an appeal for previously. The scholars can raise an appeal by filling out the appeals form available in the student handbook. The form needs to be filled out separately for each appeal. Kindly [click here](#) to fill out the form.