

Course Handbook

Welcome to the INFS Clinical Nutrition Course

This course will introduce you to the fundamentals of various lifestyle disorders and the basics of therapeutic diets and lifestyle interventions for the purpose of preventing and managing lifestyle disorders.

What Will you learn:

You will be introduced to the basic concepts of formulating a therapeutic diet and advising appropriate lifestyle interventions along with the practical application of the same with the help of skill-based assignments.

Topics Covered:

- Basics of Clinical Nutrition & Lifestyle Disorders
- Introduction to Therapeutic Diets and Lifestyle Interventions

Will you get a certificate?

All students who appear for and pass the examination and submit their project work will get a certificate of completion from INFS.

How many credits is the course?

The course carries 4 credits

Duration 3 weeks

Course Validity:

All scholars enrolled in the clinical nutrition courses (I/II/III or bundle) have a time span of 150 days for the completion of each of these courses. So if a scholar is enrolled in any one clinical course, they need to complete the course within 150 days, if a scholar is enrolled in two courses they have a total of 300 days for completing both courses and if a scholar is enrolled in all three clinical nutrition courses they have a total of 450 days to complete all three courses.

It is not mandatory for scholars to stick to a particular sequence for the completion of courses and they may complete either of the three courses first. However, it is recommended to complete the clinical nutrition advanced course (clinical nutrition I) from a knowledge and understanding perspective to get a thorough insight into the most commonly encountered clinical conditions first.

If a scholar fails to complete the course within the given deadline, they will have to pay a re-enrollment fee, details of which will be shared shortly

Examination scheme:

There will be an MCQ examination carrying a weightage of 30 marks along with a project work carrying a weightage of 20 marks. Instructions for submission of the project work are present on the student dashboard. Please note that it is mandatory to submit the project work before you appear for theory examination. . Passing is 40% for each module and project work individually as well as an overall passing of 40%.

If a scholar fails to clear the project or MCQ assessment, he/she can pay the retest fees and appear for the assessment and submit project work in the next month or thereafter within 150 days..

The evaluation system for CN -101 Clinical Nutrition

Description	Allotted marks
Module 1 N 102 - Basics of Clinical Nutrition & Lifestyle Disorders	15 (MCQ)

Module 2 N 103 – Introduction to therapeutic diets and lifestyle interventions	15 (MCQ)
Skill-based project Work N 102	10
Skill-based project work N 103	10
Total theory weightage	30
Total Skill-based practical weightage	20
Total	50

Where will I find the answers to the assignments?

Model answers to the assignments will be discussed during the lectures. You can also post your queries to the clinical nutrition course discussion forum on the INFS website.

Rules for Proctoring:

Here are some DO's before the exam starts:

* It is essential to **have a webcam** when a candidate is taking an exam. The webcam should be adjusted in a way to ensure that the candidate's face is visible clearly.

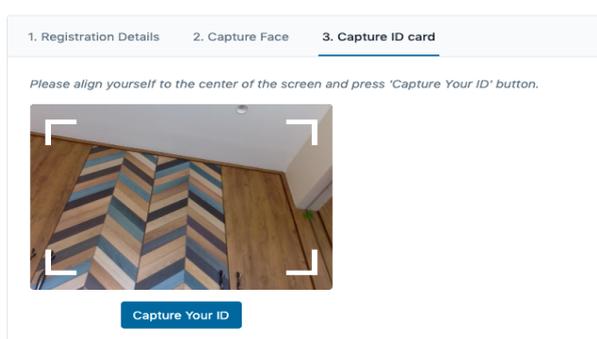
* It's also recommended that candidates are **seated with a plain background**.

* Ensure **proper lighting** in the room.

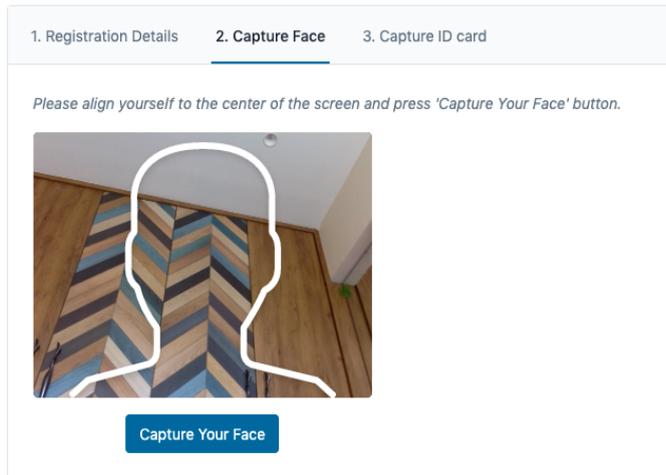
* The **room must be as quiet** as possible.

* Ensure that during the **exam you should remain alone in the room**. You can choose the exam window as per the family and office work.

* **Candidates must keep their government ID proofs such as AADHAAR/PAN /driving license or passport ready with them before the exam begins. Government Photo IDs are a must in the IDENTITY CARD SNAPSHOT and when asked for, the candidate should hold the ID proof in front of the webcam and take the snapshot in a manner that the photo ID is clearly visible.**



* In the **PROFILE PICTURE SNAPSHOT** the candidate's face needs to be **clearly visible** and the candidate should take a clear snapshot of himself or herself here.



*

***No looking away from the screen. Looking away from the screen, looking down will be considered a breach of the proctoring look. Candidates should focus on looking straight at the screen while attempting the exam.**

*Please use the personal computers or laptops. You also need to have good internet connectivity.

Here's what candidates must avoid:

* **No navigation from the exam window** as the exam screen window will be proctored for the entire exam. If any suspicious activity is observed during the exam, the exam will stand canceled.

* The candidates **are not allowed to talk to anyone** during the exam. They should be alone while giving the exam

* Also, the candidates **are not allowed to use any digital device** including mobile phones or Bluetooth speakers during the exam. If the same is observed, then it will be considered a malpractice. Only use a laptop/desktop for taking the exam *

Do not use any pen and paper, you need no calculations

* **Do not use multiple devices** at the same time because if the system detects this the exam will be terminated for that candidate.

* A test screen appears before the exam begins. It is essential that the candidates don't leave the test screen during the exam.

The candidate will have to reappear for the exam in case of any violation of the rules mentioned above.

Note: Assignment submission is not mandatory. However, we encourage you to complete the assignments for self-evaluation and enhancement of skills.

APPEALS AGAINST DECISIONS ON CERTIFICATION

An appeal can be raised by the scholars for re-evaluation of their marks within 15 days from the date of declaration of results. The appeals will be resolved by the INFS appeals committee within 7 working days from the date of raising the appeal. By raising an appeal, the scholar acknowledges that the decision of the appeals committee will be considered final. A scholar cannot raise an appeal for the examinations that he/she has already raised an appeal for previously. The scholars can raise an appeal by filling the appeals form available in the student handbook. The form needs to be filled separately for each appeal. The Appeals Committee will provide written reasoning of why the decision had been made. Kindly [click here](#) to fill the form.